



Building Excellence
Health Services

Dear Parent/Guardian:

Spinal screening is required annually by law for school children in the State of Alabama in Grades 5-9 (ages 11-14). The school nurse or health/physical education teacher will screen to check for spinal deformities (scoliosis, kyphosis, lordosis, a side-to-side curve in the spine). The purpose is to recognize, at the earliest stage, any deviation from normal so that the need for treatment can be determined.

The procedure is a very simple one. The trained screener observes the child's posture while standing and bending forward. It is suggested that girls wear a halter top or bra during screening, and that boys remove their shirts. If scoliosis is suspected, your child will either be rescreened or referred. You will be notified so that you may get further evaluation from your own physician.

If your child is receiving medical care for a spinal deformity from a physician, please contact the school to request a form for your child's physician to complete in order for your child to be exempt.

_____ School screening will be done on Friday, April 13, 2018. _____

Please call the school if you have questions.

Sincerely,

Glenda Johnson, RN
Spinal Screening Program Administrator

January 8, 2018
Date